

# VOLUNTEER

# WEBSITE

## Campus Community Meal Program Volunteering

### HIVE FREE BREAKFAST & LUNCH



LOYOLA Campus  
7141 Sherbrooke West

- Vegetarian / Vegan

Weekdays, 9:30-10:30 + 12:30-1:30

@hivefreelunch

### PEOPLE'S POTATO LUNCH



SGW Campus  
7<sup>th</sup> floor, 1455 de Maisonneuve West

- Vegetarian / Vegan

Mon-Thurs, 12:30 - 2:30pm

@thepeoplespotato

## Students Guide to: Cooking for yourself & others

### Inside you'll find:

*How to set up your kitchen*

*Seasonal featured recipes  
& seasonal produce guide*

*Tips for community /  
group cooking*

*Featured recipes from  
campus cookbooks*

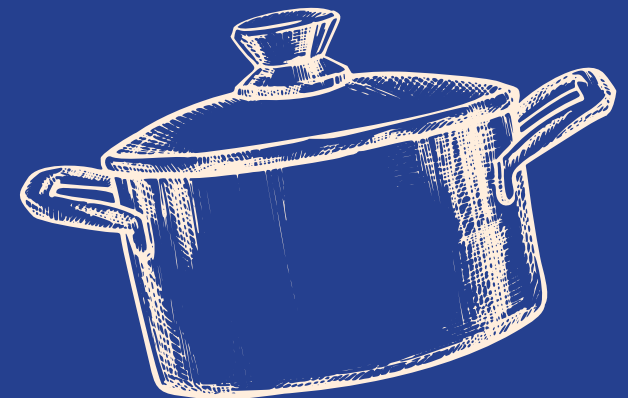
*Campus cooking events*

*Cooking Apps for Students*

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# COOKING AT CONCORDIA



# WORKSHOPS

# ZINE

# DOWNLOAD

## Campus Community Hands-on Learning Workshops

Join free cooking workshops, hosted by groups around campus!



The People's Potato

Hive Free Lunch

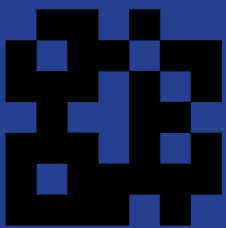
CU Wellness

International Students Office

Visit our website Events Calendar to view event details!



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[concordiafoodcoalition.com](http://concordiafoodcoalition.com)

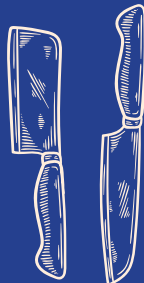
How to rent kitchens on campus

How to start campus cooking projects

**CAMPUS COMMUNITY KITCHENS**

Concordia Food Coalition

Resources for recipes, funding & more!



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## Concordia Campus Cookbooks



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