

# STIR Application form

After submitting your Request for Support form online, you will be contacted for a Discovery meeting. This form will be completed with the Food Network Coordinator during the Discovery meeting (30 min), and it will be considered your application to the program. Edits can be made by the group after the meeting and before the agreed upon submission date.

The Selection committee will make its decisions based on this written application as well as any other meetings with the Food Network Coordinator. Please take the time to make sure it is complete, thorough, accurate, and informative. This application represents your group/project.

Please read thoroughly and answer all the questions. Thank you!

\*See [STIR Program FAQ](#) for more information

## Project Overview

GENERAL INFO	
Group/Project name	
Submission date	
CFC Member confirmation	<input type="checkbox"/> Confirmed
Contact (email)	
Point person 1 (name, role, contact)	
Point person 2 (name, role, contact)	
Group "birth" date (when did you start this group/ organization?)	
Time period of project	[STARTDATE] - [ENDDATE]
Timeline of collaboration with CFC	3 months ▾
By when do you need CFC support?	
Support stream	<input type="checkbox"/> <b>Seed</b> - We are brand new, not incorporated, less than 3 yrs active <input type="checkbox"/> <b>Grow</b> - We have been around for a while and want to expand/improve

	<input type="checkbox"/> <b>Revitalize</b> – We are established, but need help to boost energy
Total amount requested from the CFC (See budget for further details)	\$

Please include a short 50 word description of your group for the CFC’s promotional materials and website

#### ADDITIONAL INFO

Does your project have partnerships or other support? Select all that apply and provide details.	<input type="checkbox"/> Collaborators (events, projects, campaigns)  <input type="checkbox"/> Funders (any financial support)  <input type="checkbox"/> In-kind support (space, expertise, materials)
Please provide promotional materials (social media, website, GoFundMe)	
Attach logo, pamphlet, flyer, zine or any other outreach materials	<input type="checkbox"/> They are attached to this application
Have you been a part of the STIR Program before?	<input type="checkbox"/> Yes [DATE-DATE] <input type="checkbox"/> No

## Project Details

Provide a brief description of the project you are requesting support for here

What do you want the impact of your project to be?

Can your group commit to organizing one event at Concordia during the fall or winter semesters? This could be through participation in CFC programming (workshops, events, etc.), tabling with the CFC on campus or at an event, having your own event at Concordia, etc.

- No, not at this time
- Yes! (Please provide titles and descriptions of any workshops or presentations that your group will or could offer)

## Values & Mandate

The CFC brings together students, faculty, staff and community members to co-create campus-community food sovereignty. Through education, incubation and innovation, we collaborate to build sustainable, accessible and democratic local food systems.

See [CFC Bylaws](#) for more information. Our vision is to build food sovereign communities at Concordia University and beyond. We value Community, Cooperation, Inclusion, Solidarity, Innovation, and Regenerative Practices.

Considering the CFC's mandate, how will your project promote/contribute to grassroots food system change? (e.g. take leadership from and work with directly affected people, promote autonomy in shaping food systems, promote solidarity between communities, etc.)

How will you engage undergraduate students and/or the Concordia community and how will this project benefit them? Please include in your response how your group integrates new members (e.g. training, open meetings, 101's, criteria etc.)

# Project Plan, Budget, and Timeline

## Project Plan

What are the key support milestones & a rough timeline for this project? This table will become your project plan.

Milestone	Activity Details	Lead person	Est. Timeline	Est. Costs
Bylaw revisions	Meeting with lawyer	Sam	Dec 2025	Up to \$2K

## Proposed Budget

What are all the projected expenses for this project, as well as a rough timeline? This will be updated throughout the project. Please add any other funding sources.

Expense item	Projected	Actuals	Timeline	Source	Notes
Printing	\$55	\$56	May 1 2025	CFC	For postering campaign in May
Total Expenses					
Approved Budget					